

## **TRAINING**

Laboratory training requirements are managed at a college level, and more information can be found at the following link.

<https://www.ed.ac.uk/discovery-brain-sciences/member-information/health-and-safety/cdbb-health-and-safety-training>

This page contains a copy of our training matrix document that will help you to identify which courses are mandatory, optional, and not required for your individual circumstances. Please familiarise yourself with this document. Moreover, it is important that you discuss with your PI or supervisor additional training relevant to your work and complete it beforehand.

Details on how to access all the courses contained within the training matrix can also be found at the same link.

## **LOCAL TRAINING**

Some training courses are identified as being delivered locally. To arrange access to these, please see below.

### **LABORATORY GASES TRAINING**

If your work involves working with gas cylinders then you should complete Laboratory Gas training. This is mandatory for anyone involved in transporting cylinders or changing regulators.

This course is run by Lindsay Murray at Little France. Course dates and details on how to sign up will be communicated via his quarterly Health and Safety email bulletin.

### **LATE AND LONE WORKING**

As a minimum, anyone wishing to undertake work out-of-hours must read and complete a Late and Lone working document. This can be found at document #10 of these online induction materials, or can be requested from a member of the Technical Team.

It is strongly recommended that everyone carrying out work out-of-hours attend our Late and Lone Working course. This is delivered online, again by Lindsay Murray at Little France. Course dates and details on how to sign up will be communicated via his quarterly Health and Safety email bulletin.

### **LIQUID NITROGEN TRAINING**

If your work requires you to work with liquid nitrogen, an induction to the Liquid Nitrogen facility is mandatory. This training is provided in-house on an ad-hoc basis, please contact a member of the Technical team to arrange. Access to LN is controlled by your card and this will not be activated for the facility until you have completed the induction.

**PLEASE NOTE: We operate a “buddy” policy for access – it is strictly forbidden to enter the LN facility alone.**

### **EQUIPMENT TRAINING**

Training may be required for use of certain types of equipment that have the capacity to cause injury, for example centrifuges, safety cabinets, autoclaves, microtomes etc. As a minimum, one-to-one training should be provided by a senior group member, supervisor, or member of the Technical Team. However, the appropriate H&S presentations should also be viewed at the following link:

<https://www.ed.ac.uk/medicine-vet-medicine/staff-and-current-students/cmvm-health-and-safety/edinburgh-bioquarter/training-presentations>

If you have any questions or concerns about a piece of laboratory equipment please speak to a member of the technical team before attempting to use it.